

**LUNCH IS AVAILABLE TO ALL STUDENTS AT NO COST**



**Elementary February Menu 2025**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 WG Chicken Nuggets WG Grilled Cheese French Fries Just Picked Fresh Fruit Ice Cold Milk	4 Chicken Parm Sandwich on WG Or OL Pasta Primavera Roasted Broccoli Just Picked Fresh Fruit Ice Cold Milk 26	5 Mmmburger w. Cheese on WG Bun Or WG Max Breadsticks Steam Carrots Just Picked Fresh Fruit Ice Cold Milk	6 Beef Hot Dog Or Dawn's Chef Salad Fresh Celery Just Picked Fresh Fruit Ice Cold Milk Pint	7 WG Pepperoni Pizza Bread Or WG Cheese Pizza Bread Fresh Cucumber Slices Just Picked Fresh Fruit Ice Cold Milk
10 Chicken Alfredo Or Pasta Alfredo With WG Garlic Toast Fresh Spinach Salad Just Picked Fresh Fruit Ice Cold Milk	11 OL Chicken Nachos or WG Cheese Nachos Refried Beans Just Picked Fresh Fruit Ice Cold Milk Pint	12 BBQ Boneless Chicken Wings or Mixed Green Salad w. WG Dinner Roll Mashed Potatoes Just Picked Fresh Fruit Ice Cold Milk	13 WG Chicken Tenders 4 Star Mac and Cheese French Fries Just Picked Fresh Fruit Ice Cold Milk	14 WG Tony's Sausage Pizza WG Tony's Cheese Pizza Valentine's Pink Pasta w. Dinner Roll Fresh Baby Carrots Just Picked Fresh Fruit Ice Cold Milk
17 <b>No School (Presidents Day)</b>	18 Chicken Taco Tuesday Or Veggie Fajita Tacos Black Beans Just Picked Fresh Fruit Ice Cold Milk	19 MmmBurger w. Cheese on WG Bun Or WG Bosco Sticks Garlic Peas Just Picked Fresh Fruit Ice Cold Milk	20 Sweet and Sour Chicken Bowl with Rice Or Baked Mostaccioli w. Dinner Roll Roasted Broccoli Just Picked Fresh Fruit Ice Cold Milk	21 WG Pepperoni Deep Dish Pizza Or WG Deep Dish Cheese Pizza Steamed Carrots Just Picked Fresh Fruit Ice Cold Milk Pint
24 Homestyle Chicken Sandwich on WG Bun or Grilled Cheese on WG Bread French Fries Just Picked Fresh Fruit Ice Cold Milk	25 <b>No School (Teacher Institute Day)</b>	WG Corn Dog Or OL Pasta Primavera Roasted Broccoli Just Picked Fresh Fruit Ice Cold Milk	27 Chicken, Bean and Cheese Burrito Or Bean & Cheese Burrito Street Corn Just Picked Fresh Fruit Ice Cold Milk	28 WG Pepperoni Pizza Bread Or WG Cheese Pizza Bread Fresh Cucumber Slices Just Picked Fresh Fruit Ice Cold Milk

**Hello Berwyn, 100!**  
We're so happy to be here! We are OrganicLife, and we are so excited to fuel you through this school year with delicious healthful meals! We bring better quality, better tasting, better-for-you foods into your cafeterias and aim to keep you happy, healthy, and of course well-fed! We want school lunch to be something you look forward to every day, so please share your feedback and menu ideas with us!

**SY 24-25 Meals**

- Daily Special
- Vegetarian Option
- Sun Butter and Jelly on WG Sliced Bread

**Each meal includes:**  
-Fresh Fruit and Steam/Fresh Veggies

**Milk Choices:**  
1% White Or Fat Free Chocolate

\*\*Menu Subject to Change\*\*

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**February 2025 Lunch Menu  
Heritage & Freedom MS**



BERWYN SOUTH  
SCHOOL DISTRICT 100

**LUNCH IS AVAILABLE TO ALL  
STUDENTS AT NO COST**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Beef Enchiladas Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>4 Baked Mostaccioli w. Dinner Roll Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>5 BYO Burger Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>6 BYO Salad Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>7 Walking Taco Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>10 Chicken Enchiladas Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>11 Taco Tuesday! Sandy's Taco Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>12 Mia Pasta Station Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>13 Buffalo Chicken Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>14 Valentine's Pink Pasta w. Dinner Roll Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>17 <b>No School (Presidents Day)</b></p>	<p>18 Maria's Nacho Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>19 Mia Pasta Station Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk</p>	<p>20 BYO Burrito Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>21 Buffalo Chicken Melt Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>24 SalchiPapas Bowl Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>25 <b>No School (Teacher Institute Day)</b></p>	<p>26 BYO Wings (Honey Sriracha BBQ, Buffalo, Sweet &amp; Sour) Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>27 Chicken Quesadilla Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>28 Chicken Fajita Bowl Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>

**Daily Middle  
School Lunch  
Choices:**

- Luigi's Pizza**  
-Cheese  
-Pepperoni  
-Pizza of the Day

**MmmBurger  
Grill**

- Homestyle  
Chicken  
Sandwich  
-Spicy Chicken  
Sandwich  
-Cheeseburger

- Sun Butter and  
Jelly Sandwich

- Grab & Go  
Salads

- Deli Subs/  
Wraps

- Milk Choices:**  
**1% White**  
Or  
**Fat Free  
Chocolate**

\*\*Menu Subject  
to Change\*\*

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**EL ALMUERZO ESTÁ  
DISPONIBLE PARA TODOS LOS  
ESTUDIANTES SIN COSTO  
ALGUNO**



**Menú de Febrero de Primaria 2025**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Nuggets de pollo WG Pan con Queso a la parrilla WG Papas fritas Fruta del Dia Opción de Leche Fría	4 Sándwich de pollo a la parmesana en WG O OL Spring Pasta Brócoli asado Fruta del Dia Opción de Leche Fría	5 Mmmburger w. Queso en panecillo WG O palitos de pan WG Max Zanahorias al vapor Fruta del Dia Opción de Leche Fría	6 Hot Dog Or Dawn's Chef Salad Apio fresco Fruta del Dia Opción de Leche Fría	7 Pan de pizza de pepperoni WG O pan de pizza de queso WG Rodajas de pepino fresco Fruta del Dia Opción de Leche Fría
10 Pollo Alfredo O Pasta Alfredo Con tostada de ajo WG Ensalada de espinacas frescas Fruta del Dia Opción de Leche Fría	11 Nachos de pollo OL O Nachos de queso WG Frijoles refritos Fruta del Dia Opción de Leche Fría	12 Alitas de pollo deshuesadas a la barbacoa O Ensalada Verde Mixta con WG Dinner Roll Puré de papa Fruta del Dia Opción de Leche Fría	13 Filetes de pollo WG Macarrones con queso Papas fritas Fruta del Dia Opción de Leche Fría	14 WG Tony's Pizza de salchicha WG Tony's Pizza de queso Pasta rosa de San Valentín con panecillo Zanahorias frescas Fruta del Dia Opción de Leche Fría
17 <b>No hay escuela (Día de los Presidentes)</b>	18 Martes de tacos de pollo O Tacos de fajitas vegetarianas Frijoles negros Fruta del Dia Opción de Leche Fría	19 MmmBurger w. Queso en panecillo WG O palos WG Bosco Chicharos al ajillo Fruta del Dia Opción de Leche Fría	20 Tazón de pollo agridulce con arroz O Mostaccioli al horno con panecillo Brócoli asado Just Fruta del Dia Opción de Leche Fría	21 WG Pepperoni Pizza de plato hondo O WG Pizza de queso de plato hondo Zanahorias al vapor Fruta del Dia Opción de Leche Fría
24 Sándwich de pollo casero en WG Bun o Queso a la parrilla sobre pan WG Papas fritas Fruta del Dia Opción de Leche Fría	25 <b>No hay escuela (Día del Instituto del Maestro)</b>	WG Perro de maíz O OL Spring Pasta Brócoli asado Fruta del Dia Opción de Leche Fría	27 Burrito de pollo, frijoles y queso O Burrito de frijoles y queso Maíz callejero Fruta del Dia Opción de Leche Fría	28 Pan de pizza de pepperoni WG O pan de pizza de queso WG Rodajas de pepino fresco Fruta del Dia Opción de Leche Fría

**¡Hola Berwyn, 100!**  
 ¡Estamos muy contentos de estar aquí! Somos OrganicLife, y estamos muy emocionados de impulsarlo a través de este año escolar con deliciosas comidas saludables! Brindamos mejor calidad, mejor sabor, mejor para tus alimentos en tu cafeterías y el objetivo de mantenerte feliz, saludable, y de ¡Por supuesto bien alimentado! Nosotros desea que el almuerzo escolar sea algo que espere con ansias todos los días, así que comparta sus comentarios y ¡Ideas de menú con nosotros!

**SY 24-25 Comidas**

~Especial del día  
 ~Opción vegetariana  
 ~ Mantequilla de sol y mermelada en pan de grano entero.

**Cada comida incluye:**  
**-Fruta fresca o jugo 100% de fruta**

**Opciones de leche:**  
 1% Blancos  
 O  
 Chocolate sin grasa

\*\*Menú sujeto a cambios\*\*

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## Febrero 2025 Menu de Almuerzo Heritage & Freedom



BERWYN SOUTH SCHOOL DISTRICT 100

**LUNCH IS AVAILABLE TO ALL STUDENTS AT NO COST**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Enchiladas de Pollo Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>4 Mostaccioli al horno con panecillo Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>5 BYO Burger Bar Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>6 BYO Salad Bar Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>7 Walking Taco Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>
<p>10 Fajitas de pollo Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>11 Taco Tuesday! Sandy's Taco Bar Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>12 Mia Pasta Station Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>13 Pollo Búfalo Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>14 Pasta rosa de San Valentín con panecillo Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>
<p>17 <b>No School (Presidents Day)</b></p>	<p>18 Maria's Nacho Bar Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>19 Mia Pasta Station Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>20 BYO Burrito Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>21 Pollo Buffalo, Derretido Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>
<p>24 Tazón de SalchiPapas Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>25 <b>No School (Teacher Institute Day)</b></p>	<p>26 BYO Wings (Honey Sriracha BBQ, Buffalo, Sweet &amp; Sour) Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>27 Quesadilla de pollo Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>	<p>28 Tazón de fajita de pollo Verdura de Temporada Fruta del Dia Opcion de Leche Fria</p>

- Opciones de Almuerzo Diarias:**
- Luigi's Pizza
    - Queso
    - Pepperoni
    - Pizza del Dia
  - MmmBurger Grill
    - Sándwich de Pollo Estilo Casero
    - Sándwich de Pollo Picante Estilo Casero
    - Hamburguesa con Queso
    - Sándwich de Mantequilla de Girasol con Jalea
    - Ensaladas Para Llevar
    - Deli Subs/ Wraps
  - Opciones de Leche:**
    - 1% Blanca
    - O
    - Chocolate Libre de Grasas
- \*\*Menu Está Sujeto a Cambios\*\***

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**BREAKFAST IS AVAILABLE TO ALL STUDENTS AT NO COST**



**Breakfast District Menu February 2025**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 WG Cereal Bowl Graham Cracker Just Picked Fresh Fruit Ice Cold Milk	4 WG Giant Cinnamon Goldfish String Cheese Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	5 Whole Grain Cereal Bar Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	6 WG Warm Cinnamon Crunch Toast Breakfast Bar Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	7 WG Banana Chocolate Chunk Breakfast Bar Just Picked Fresh Fruit Ice Cold Milk
10 WG Cocoa Puffs Cereal Bar String Cheese Just Picked Fresh Fruit Ice Cold Milk	11 WG Glazed Donut Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	12 WG Zee Zee's Birthday Cake Bar Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	13 Strawberry Yogurt with WG Graham Crackers Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	14 WG Strawberry Cream Cheese Mini Bagels Just Picked Fresh Fruit Ice Cold Milk
17 <b>No School (Presidents Day)</b>	18 Strawberry Yogurt with WG Graham Crackers Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	19 WG Pop Tart Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	20 WG Berry Apple Crisp Bar Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	21 Whole Grain Fruit Loop Flavored Waffles Just Picked Fresh Fruit Ice Cold Milk
24 Double Chocolate and Oatmeal Bar WG String Cheese Just Picked Fresh Fruit Ice Cold Milk	25 <b>No School (Teacher Institute Day)</b>	26 WG Muffin W String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	27 WG Mini Banana Bread Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	28 WG Confetti Pancakes Just Picked Fresh Fruit Ice Cold Milk

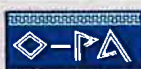
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We're so happy to be here! We are OrganicLife, and we are so excited to fuel you through this school year with delicious healthy meals! We bring better quality, better tasting, better-for-you foods into your cafeterias and aim to keep you happy, healthy, and of course well-fed! We want school lunch to be something you look forward to every day, so please share your feedback.

Each Breakfast Includes Fresh Fruit and or 100% Juice

**Milk Choices:**  
1% White  
Or  
Fat Free Chocolate

*Menu may be subject to change*

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ALGUNO**



**Desayuno Menú del Distrito  
Febrero 2025**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Tazón de cereales WG Galleta Graham Fruta Fresca Opción de Leche Fría	4 WG Pez dorado gigante con canela Queso en tiras Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	5 Barra de cereal integral Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	6 Barra de desayuno WG Warm Cinnamon Crunch Toast Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	7 Barra de desayuno WG Banana Chocolate Chunk Fruta Fresca Opción de Leche Fría
10 Barra de cereales WG Cocoa Puffs Queso en tiras Fruta Fresca Opción de Leche Fría	11 WG Dona Glaseada Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	12 WG Zee Zee's Birthday Cake Bar Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	13 Yogur de fresa con Galletas WG Graham Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	14 WG Mini Bagels de Queso Crema de Fresa Fruta Fresca Opción de Leche Fría
17 <b>No hay escuela (Día de los Presidentes)</b>	18 Yogur de fresa con Galletas WG Graham Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	19 WG Pop Tart Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	20 Barra crujiente de manzana WG Berry Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	21 Waffles con sabor a Fruit Loop de grano entero Fruta Fresca Opción de Leche Fría
24 Barra Doble de Chocolate y Avena WG Queso en tiras Fruta Fresca Opción de Leche Fría	25 <b>No hay escuela (Día del Instituto del Maestro)</b>	26 WG Muffin con queso en tiras Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	27 WG Mini Pan de Plátano Fruta Fresca Jugo 100% de Fruta Opción de Leche Fría	28 Panqueques de confeti WG Fruta Fresca Opción de Leche Fría

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Todo Desayuno Incluye Fruta Fresca.

**Opciones de Leche:**

1% Blanca  
O  
Chocolate Libre de Grasas

**\*\*Menú Esta Sujeto a Cambios\*\***

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